

## Tennis Coaching Programme @ KRSC

Max of 7 per session

	DAY	COACH	TIME	WEEKS	MEMBERS	NON-MEMBERS
Tots	Saturday	Jordan	9.00 - 9.30pm	5	£15.00	£22.00
	Monday	Jordan	4.30 - 5.00pm	6	£18.00	£26.40
Mini Red	Wednesday	Jordan	4.30 - 5.30pm	6	£34.50	£42.90
	Thursday	Jordan	4.00 - 5.00pm	6	£34.50	£42.90
	Friday	Marc	4.00 - 5.00pm	6	£34.50	£42.90
	Saturday	Jordan	9.30 - 10.30am	5	£28.75	£35.75
	Saturday	Jordan	10.30 - 11.30am	5	£28.75	£35.75
	Friday	Marc	5.00 - 6.00pm	6	£34.50	£42.90
Mini Orange	Saturday	Jordan	11.30am - 12.30pm	5	£28.75	£35.75
	Monday	Jordan	5.00 - 6.00pm	6	£34.50	£42.90
Junior	Wednesday	Marc	5.30 - 7.00pm	6	£51.00	£59.40
	Saturday	Marc	1.30pm - 2.30pm	5	£28.75	£35.75
Adult	Thursday	Marc	7.00 - 8.00pm	6	£40.50	£51.90

Age Groups			
Tots -	3-5 years old	Mini Green -	10 years old
Mini Red -	5-8 years old	Junior -	11+ years old
Mini Orange -	8-9 years old	Adult -	16+ years old

## Extra Practice @ KRSC

An opportunity for everyone already on our programme to increase their on court time - book each week at Reception on a Play and Pay basis.

	DAY	COACH	TIME	WEEKS	MEMBERS	NON-MEMBERS
Tots	Tuesday	Jordan	4.00 - 4.30pm	6	£1.75	£3.15
Mini Red	Tuesday	Jordan	4.30 - 5.30pm	6	£3.25	£4.65
Mini Orange	Tuesday	Jordan	5.30 - 6.30pm	6	£3.25	£4.65
Mini Green	Tuesday	Jordan	5.30 - 6.30pm	6	£3.25	£4.65
Junior	Tuesday	Jordan	6.30 - 7.30pm	6	£3.25	£4.65

## Plus Group Coaching Programme @ KRSC

Max of 4 per session

Our Head Coach has selected players who show a real desire to advance their tennis. These players are expected to attend the matchplay training session on Monday's whenever possible and progress onto internal and external competitions - by invite only.

	DAY	TIME	WEEKS	MEMBERS	NON-MEMBERS
Mini Red +	Saturday	9.15 - 10.00am	5	£38.75	£45.75
	Wednesday	4.30 - 5.30pm	6	£61.50	£69.90
	Thursday	4.00 - 5.00pm	6	£61.50	£69.90
	Thursday	5.00 - 5.45pm	6	£46.50	£54.90
Mini Orange+	Saturday	10.00 - 11.00am	5	£51.25	£58.25

## Plus Group Matchplay Training @ KRSC

An opportunity for everyone already on our programme to increase their on court time - leading to internal an external Competitions. Players attending Monday's Match play will have the opportunity to be selected to represent KRSC tennis teams - book each week at Reception on a Play and Pay basis.

DAY	COACH	TIME	WEEKS	MEMBERS	NON-MEMBERS
Monday	Marc	5.00 - 6.30pm	6	£4.25	£5.65

## Tennis Social @ KRSC

Tennis is a great way to stay fit, meet new people or have fun with family and friends. It's easy to pick up a racquet and play tennis and this session covers all abilities, from beginners to those wanting a more challenging game. Bookable weekly at Reception.

DAY	COACH	TIME	MEMBERS PRICE	NON-MEMBERS PRICE
Wednesday	Jim	7.00 - 8.30pm	£4.55	£6.45

## Ladies Tennis @ KRSC

Join our Head Coach Marc for a fun and social session of Tennis coaching. Every week work and improve your tennis skills (or just play for fun!) then join your friends in the bar area for a relaxing hot drink.

DAY	COACH	TIME	PRICE
Tuesday	Marc	9.30 - 10.30am	£4.00

First drink  
FREE!

# Coming Soon!

Junior Finals Day @ KRSC

## Saturday 4<sup>th</sup> June 2016

Please continue to check the tennis notice board for our entry sign-up sheet and schedule for this years tournament.



# TENNIS

P r o g r a m m e

*Term 5*

### Course Information:

Term 5 Coaching courses run for 5/6 weeks starting on *Monday 18th April 2016 & ending on Sunday 29th May 2016*. These coaching sessions are run by Head Coach, Marc Phillips (MP) - Level 4 Coach, Jordan Mitchell (JM) - Level 2 Coach & Jim Barton (JB) - Level 2 Coach.

### How to book?

For all enquiries please contact us on [enquiries@kingssportscentre.co.uk](mailto:enquiries@kingssportscentre.co.uk) or call directly on 01634 818422. A registration form must be completed with payment to confirm your or your child's place. You can either do this directly at Reception or by emailing it back to us.

### Bad Weather/Cancellation Policy

Our bad weather 'makeup' week (*in case of any missed sessions*) will be between Monday 30th May & Sunday 5th June 2016. In the case of bad weather please note that the decision to cancel will be made at the start of each session, advance notice can not be given and therefore you are required to turn up as usual. If the session has to be cancelled for any other reason we will contact you as soon as possible.

### Minimum Numbers

Although we make every effort to run all the listed courses, we must have a minimum of 4 attendees booked in for a course to take place.

King's Rochester Sports Centre 601 Maidstone Road Rochester Kent ME1 3QJ  
T: 01634 818422 E: [enquiries@kingssportscentre.co.uk](mailto:enquiries@kingssportscentre.co.uk)



*Monday 18<sup>th</sup> April 2016 - Sunday 29<sup>th</sup> May 2016*

*Excluding Saturday 14<sup>th</sup> May 2016 due to the Great British Tennis Weekend  
see the tennis notice board for more info.*