



TENNIS

P r o g r a m m e

Term 2

With over £250,000 spent on our seven newly refurbished Tennis Courts, King's Rochester Sports Centre has some of the best community Tennis facilities available in the Medway towns.

Available to both members and non-members our courts are competitively priced (*from just £6.00 per hour*) and easy to book, so if you are looking to hire a court for a game with friends or work colleagues why not call us now?

Alternatively, if you're looking for an opponent or want to improve your game, you can attend one of our Pay & Play sessions or book onto one of our many coaching sessions.

Our Tennis Programme is available to everyone from the age of 3 years old and follows the LTA Mini Awards Scheme.

Located at the top of the A228 in Rochester, KRSC is easily accessible from the M2 and M20. We have great car parking facilities and a bar/refreshment area that's ideal for socialising after your game or whilst watching your little ones learn new skills at their coaching sessions.

For more detailed information on our Tennis facilities, Coaching Programme, Tennis Camps or if you are from a School which would be interested in hiring our facilities, please speak to the team on the number below.

Monday 2nd November 2015 - Sunday 6th December 2015



King's Rochester Sports Centre
601 Maidstone Road Rochester Kent ME1 3QJ
Telephone: 01634 818422
www.kingssportscentre.co.uk



TOTS TENNIS (3 - 5 years) - max 7					Wks	Member Per Course	Non-Member Per Course
1T	Tots Tennis	(JM)	Saturday	9.00am - 9.30am	5	£13.75	£20.25
Description							
Tots is for children aged 3-5 years old and enables them to learn the basics and how to enjoy the game through a series of fun activities, based on the fundamental areas of balance, co-ordination, agility, movement, racquet and ball skills. Played with sponge/felt tennis balls. (3-5 years old)							

MINI RED TENNIS (5 - 8 years) - max 7					Wks	Member Per Course	Non-Member Per Course
2R	Mini Red	(JM)	Wednesday	4.30pm - 5.30pm	5	£27.50	£34.00
3R	Mini Red	(JM)	Thursday	4.00pm - 5.00pm	5	£27.50	£34.00
4R	Mini Red	(MP)	Friday	4.00pm - 5.00pm	5	£27.50	£34.00
5R	Mini Red	(JM)	Saturday	9.30am - 10.30am	5	£27.50	£34.00
6R	Mini Red	(JM)	Saturday	10.30am - 11.30am	5	£27.50	£34.00
Description							
Mini red players learn to serve, rally and score with a slow ball, as well as learning the movement and co-ordination skills needed for tennis. Players are encouraged to play fun timed-tennis competitions as individuals (5-8 years olds)							

MINI ORANGE TENNIS (8 - 9 years) - max 7					Wks	Member Per Course	Non-Member Per Course
7O	Mini Orange	(MP)	Friday	5.00pm - 6.00pm	5	£27.50	£34.00
8O	Mini Orange	(JM)	Saturday	11.30am - 12.30am	5	£27.50	£34.00
Description							
Mini orange players develop a rounded game, learning a range of techniques and tactics. There are individual timed-tennis competitions (8-9 years olds)							

MINI GREEN TENNIS (10 years) - max 7					Wks	Member Per Course	Non-Member Per Course
9G	Mini Green	(MP)	Monday	5.00pm - 6.00pm	5	£27.50	£34.00
Description							
Mini green players can now put their technique and skills into practice on a full size tennis court with a faster ball. There are individual timed-tennis competitions, with scoring extended to short sets (10 years olds)							

JUNIOR TENNIS (11+ years)					Wks	Member Per Course	Non-Member Per Course
10J	Junior	(MP)	Wednesday	5.30pm - 7.00pm	5	£41.25	£47.75
11J	Junior	(MP)	Saturday	1.30pm - 2.30pm	5	£27.50	£34.00
Description							
Junior players develop their technical and tactical skills on a full size tennis court.							

ADULT TENNIS (16+ years)					Wks	Member Per Course	Non-Member Per Course
12A	Adult	(MP)	Thursday	7.00pm - 8.00pm	5	£32.50	£41.50
Description							
Adult courses are available for players with little, or no tennis experience (beginners) through to players with a sound tennis background. These sessions will focus on developing technique and understanding using point-based drills and match-play. (16+ years old)							

FURTHER INFORMATION & TERMS AND CONDITIONS

Term 2 Coaching courses run for 5 weeks starting on *Monday 2nd November 2015* & ending on *Sunday 6th December 2015*. These coaching sessions are run by Head Coach, Marc Phillips (MP) - Level 4 Coach, Jordan Mitchell (JM) - Level 2 Coach & Jim Barton (JB) - Level 2 Coach.

How to book?

For all enquiries please contact us on enquiries@kingssportscentre.co.uk or call directly on 01634 818422. You must complete the registration form with payment to confirm your child's place. You can either do this directly at Reception or by emailing it back to us.

Bad Weather/Cancellation Policy

Our bad weather 'makeup' week (in case of any missed sessions) will be between Monday 7th December & Saturday 12th December 2015. In the case of bad weather please note that sessions will only be cancelled at the start of the session, advance notice can not be given and therefore you are required to turn up as usual a decision will be made. If the session has to be cancelled for any other reason we will contact you directly as soon as possible.

Minimum Numbers

Although we make every effort to run all the listed courses, we must have a minimum of 4 attendees booked in for a course to take place.

Timed-Tennis

Courses 1T to 9G will participate in Timed-Tennis recorded Matchplay during the course.