



February
TENNIS
Camps

16th & 17th February 2016

601 Maidstone Road Rochester Kent ME1 3QJ
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Learn some great skills this holiday....

Coached by our Level 4 Head Tennis Coach, Marc Phillips, our 1 day camps consist of five hours coaching per day. These camps include high-energy instruction, match play and team competition for age groups 6-9yrs (Mini Red & Orange) & 10-15yrs (Mini Green & Junior).

Progressive skill development across the 4 performance factors: mental, tactical, physical and technical, guaranteeing great fun and maximizing improvement.

Your child will be on court from 10.00am-12.30pm and again after lunch from 1.30pm-4.00pm.

Camp Dates:

16th February 2016 -	Mini Red/Orange	6-9yrs
17th February 2016 -	Mini Green/Junior	10-15yrs

Available Times:

Tennis Camp Only	10am - 4pm	£32.00
Tennis Camp - <i>(Inc. breakfast & dinner)</i>	8am - 6pm	£42.00

Meal Time:

If you book in your child for any of our sessions that include breakfast or dinner they will receive a selection of the following food:

Breakfast - Cereal (various), Toast & Juice.

Lunch time - Please provide a packed lunch for your child.

Dinner - A selection of Chicken/Vegetarian Nuggets, Burger, Pizza, Sausages or fish fingers all served with chips and/or beans, Spaghetti Bolognese or Jacket Potato.

Other:

Please ensure that your child is equipped with appropriate outdoor clothing and a water bottle. Please note that where available these sessions will take place indoors in the case of bad weather.

Please note that an additional £1.30 Day Admission is applicable for all Non-Members.