

Tots Tennis (3—5 Years)

Session	Day	Time	Weeks	Members	Non-Members
Blue Tots	Saturday	08.30 - 9.00	6	£18.00	£26.40

Tots tennis is for children aged 3-5 years old and enables them to learn the basics and how to enjoy the game through a series of fun activities, based on the fundamental areas of balance, co-ordination, agility, movement, racket and ball skills. Played with sponge tennis balls

Mini Red Tennis (5—8 Years)

Session	Day	Time	Weeks	Members	Non-Members
Mini Red	Wednesday	18.00 - 19.00	6	£34.50	£42.90
Mini Red	Saturday	09.00 - 10.00	6	£34.50	£42.90

Mini red players learn to serve, rally and score with a slow ball, as well as learning the movement and co-ordination skills needed for tennis. Mini scoring applies.

Mini Orange Tennis (8—9 Years)

Session	Day	Time	Weeks	Members	Non-Members
Orange	Wednesday	16.00 - 17.00	6	£34.50	£42.90
Orange	Wednesday	17.00 - 18.00	6	£34.50	£42.90
Orange	Thursday	16.00 - 17.00	6	£34.50	£42.90
Orange	Thursday	17.00 - 18.00	6	£34.50	£42.90
Orange	Friday	17.00 - 18.00	6	£34.50	£42.90

Mini orange players develop a rounded game, learning a range of techniques and tactics.

Mini Green Tennis (10 Years)

Session	Day	Time	Weeks	Members	Non-Members
Green	Monday	17.00 - 18.00	6	£34.50	£42.90
Saturday	Saturday	10.00 - 11.00	6	£34.50	£42.90

Mini green players can now put their technique and skills into practice on a full size tennis court with a faster ball. Full scoring now applies.

Junior Tennis (11+ years)

Session	Day	Time	Weeks	Members	Non-Members
Junior	Tuesday	17.00 - 19.00	6	£67.80	£76.20
Junior	Saturday	11.00 - 13.00	6	£67.80	£76.20

Junior players develop their technical skills on a full size tennis court. Full tennis scoring is used.

Adult Tennis (16 + Years)

Session	Day	Time	Weeks	Members	Non-Members
Adult	Tuesday	19.00 - 21.00	6	£78.00	£89.40
Adult	Thursday	19.00 - 21.00	6	£78.00	£89.40

Adult courses are available for players with little to no tennis experience, up to players with a sound tennis background. These sessions will focus on developing technique and understanding using point-based drills and match-play.

Tennis Tournaments

We will be running new intra tennis competitions during this tennis term





FAQ'S

Course Information:

Term 4 coaching courses run for Six Weeks starting on Monday 25th February to - Saturday 6th April 2019. These coaching sessions are run by our Level 3 coach Bradley Stoneham and our Level 1 Coach Emily Burns.

How to book?

For all enquiries please contact us on enquiries@kingssportscentre.co.uk or call directly on 01634 818422. **A registration and a health form must be completed along with full payment for the full duration of the course to confirm you or your child's place** You can either do this directly at reception or by emailing it back to us.

(PLEASE NOTE PAYMENTS MUST BE PAID BEFORE THE START OF THE COURSE)

Bad Weather / Cancellation Policy

Our bad weather 'catch up' week (to cover any missed sessions) will be held week beginning 8th April 2019. In the case of bad weather please note that the decision to cancel will be made at the start of each session; advance notice cannot be given and therefore you are required to turn up as usual. If the session has to be cancelled for any other reason we will contact you as soon as possible.

Minimum Numbers

Although we make every effort to run all the listed courses, we must have a minimum of 4 attendees booked in for a course to take place.

King's Rochester Sports Centre, 601 Maidstone Road, Rochester, Kent, ME1 3QJ

T: 01634 818422 E: enquiries@kingssportscentre.co.uk

TENNIS PROGRAMME

TERM 4

25th February 2019 - 6th April 2019

In the event of bad weather the
"catch up" week will be
Week beginning 8th April 2019

01634 818422

enquiries@kingssportcentre.co.uk www.kingssportcentre.co.uk



@KRSCentre



kingsrochestersportscentre